

# Songbird Medical

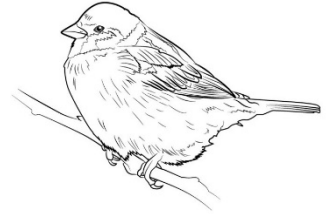
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April 4th, 2024

To my dear patients,

It is with a heavy heart that I am writing this letter to announce that I will be leaving my practice as of June 30th, 2024. I am working diligently to find a replacement Physician and will update you all when I know more.

In the meantime, I have a locum working for the next 3 months, Dr. Laura McCuaig. She is a delight and I believe she is a good fit for the practice. She will be in office from Apr 8-June 30th and Robin will continue to work alongside Dr. McCuaig.

After trying to find solutions to my health difficulties, active rehabilitation, and hiring Robin, I have finally come to the conclusion that I can no longer work full time in family medicine. The burden of paperwork has just spiraled out of control the last few years. When Robin is working and I am off, I rarely have time for myself, and the wellness plan I have been working on. I am doing paperwork instead.

This was not my plan, but plans must change according to circumstances, and I must take care of my family and my health.

I wish you all the best on your health journey. I will miss you.

Please consider contacting your Member of Provincial Parliament (MPP) and your Federal Member of Parliament (MP) to let them know another family doctor is leaving practice due to the burden of paperwork.

Sincerely,

Dr. Shelia Middlebrook